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| 1. **Clothing**  * **Winter Coat**: Insulated or down-filled for warmth. * **Thermal Underwear**: Long-sleeve top and bottom. * **Sweaters**: Thick wool or fleece sweaters for layering. * **Jeans/Pants**: Preferably lined or made from warm fabric. * **Gloves**: Insulated, waterproof gloves. * **Scarves**: Wool or cashmere for warmth. * **Hats**: Knit beanie or a thermal hat to cover ears. * **Boots**: Waterproof, insulated winter boots. * **Socks**: Wool socks to keep feet warm and dry. * **Pajamas**: Warm flannel or thermal pajamas.  2. **Outerwear & Accessories**  * **Winter Jacket**: Down or synthetic insulation for extreme cold. * **Snow Pants**: Waterproof and insulated for outdoor activities. * **Earmuffs/Headbands**: For extra ear protection in cold weather. * **Hand Warmers**: Reusable or disposable for extra warmth. * **Thermal Gloves**: For extra warmth, especially in windy weather.  3. **Footwear**  * **Winter Boots**: Waterproof and slip-resistant for snow and ice. * **Warm Slippers**: For indoors, preferably lined with fleece or wool.  4. **Toiletries**  * **Lip Balm**: To protect lips from chapping. * **Moisturizer**: Heavy-duty to prevent dry skin from cold air. * **Sunscreen**: Yes, you can get sunburned in winter too! * **Shampoo and Conditioner**: Travel-sized bottles. * **Toothbrush and Toothpaste**: Don’t forget your basics!  5. **Electronics**  * **Phone and Charger**: A portable charger may also be useful. * **Camera**: For capturing snowy landscapes or activities. * **Travel Adapters**: For international trips. * **E-Reader/Book**: For entertainment during travel. | 6. **Health and Safety**  * **Cold Medicine**: In case of catching a winter bug. * **Hand Sanitizer**: Especially helpful when traveling. * **Personal Medications**: Any prescription meds you need. * **First-Aid Kit**: Small, travel-sized kit with basics like bandages and antiseptic.  7. **Documents**  * **Passport/ID**: If traveling internationally. * **Flight Tickets/Itinerary**: Print or digital copies. * **Travel Insurance**: Any paperwork related to your coverage. * **Hotel Reservation Confirmation**: Printed or digital copy. * **Emergency Contacts**: List of important contacts and medical information.  8. **Snacks and Drinks**  * **Water Bottle**: Reusable, insulated to prevent freezing. * **Energy Bars**: For quick snacks on the go. * **Hot Chocolate Mix**: For cozy moments after being out in the cold.  9. **Special Gear for Activities**  * **Ski/Snowboard Gear**: If you're skiing or snowboarding (skis, poles, helmet). * **Snowshoes or Ice Cleats**: If you'll be hiking or walking on ice. * **Sunglasses**: Polarized to reduce glare from snow.  10. **Miscellaneous Items**  * **Umbrella**: Compact and sturdy. * **Travel Pillow**: For long journeys. * **Luggage Tags**: To easily identify your bag. * **Plastic Bags**: For wet or dirty clothes. * **Camera/Action Camera**: For winter adventures. |